Do you or someone you care for have diabetes, heart disease or a lung condition?

Ask your GP or nurse about the
Multidiscplinary Team (MDT) Program

The MDT Program offers free support and helps you access allied health services. A health team will work with you to develop a personalised plan to improve your quality of life.

The program can help support you by providing:

- free access to allied health services
- support to manage appointments and referrals
- access to exercise groups and other support services
- coordinated care with your GP and allied health providers.

Available in Darwin and Alice Springs.



Allied health services may include:

- Dietetics
- Podiatry
- Psychology
- Exercise physiology
- Diabetes education
- Occupational therapy
- Physiotherapy

Ask your doctor or nurse for more information.

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