phn NORTHERN TERRITORY
An Australian Government Initiative

RURAL Workforce AGENCY NT

Available in Darwin & Alice Springs

Chronic disease management

- diabetes
- cardiac disease
- pulmonary disease

Information for GP practices

Multidisciplinary Teams (MDT) Program



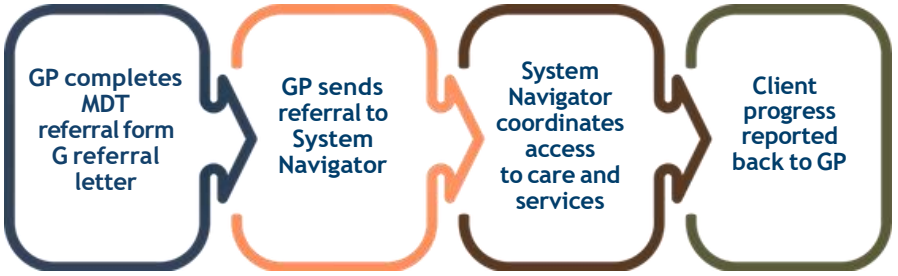
Eligible patients receive:

- up to 10 **allied health sessions** at no cost
- coordinated care and appointment support from a System Navigator
- **choice of allied health providers** registered with the program
- access to *a* Support Service, such as group physical activity program

Patient eligibility criteria:

- Live in the Darwin or Alice Springs regions
- Have diabetes, cardiac disease, or pulmonary disease
- At high risk of escalation or progression of their condition
- Holds concession card or meets financial hardship criteria
- Have their GP's support to join the program

How it works



Referral information

Contact the System Navigator
Email: MDT@healthylivingnt.org.au
Phone: 08 7979 9115

Program enquiries

Email: MDTprogram@ntphn.org.au
NT PHN phone: 08 8982 1000
W:ntphn.org.au/programs/multidisciplinary-team-mdt-program

Resources available

- Practice software MDT referral form template
- Clinic poster
- Client flyers

Available allied health services

- ✓ Physiotherapy
- ✓ Dietetics
- ✓ Diabetes education
- ✓ Exercise physiology
- ✓ Podiatry
- ✓ Psychology
- ✓ Occupational therapy