phn NORTHERN TERRITORY
An Australian Government Initiative

RURAL Workforce AGENCY NT

Multidiscplinary Team (MDT) Program

Available in Darwin and Alice Springs

The MDT Program funds up to 10 allied health sessions at no cost for eligible clients with chronic conditions in Darwin and Alice Springs. The System Navigator manages coordination so you can focus on clinical care.

Eligiblity criteria:

- Live in the Darwin or Alice Springs region.
- Have diabetes, cardiac disease or pulmonary disease.
- At high risk of escalation or progression of their condition in the next 24 months.
- Hold a concession card or meet financial hardship criteria.
- Has GP support to join the program.

Eligible clients recieve:

- Up to 10 allied health sessions at no cost.
- Coordinated care and appointment support from a System Navigator.
- Choice of allied health providers registered with the program.
- Access to a Support Service, such as group physical activity program.

How to refer:

Step 1
GP completes MDT referral form and referral letter

Step 2
GP sends referral to System Navigator

Step 3
System Navigator coordinates access to care and services

Step 4
Client progress is reported back to GP

Available allied health services:

- Dietetics
- Podiatry
- Physiotherapy
- Psychology
- Exercise physiology
- Occupational therapy
- Diabetes education

Referrals - System Navigator:
mdt@healthylivingnt.org.au
08 7979 9115

Program enquiries:
mdtprogram@ntphn.org.au
08 8982 1000

More information:
Contact the Systems Navigator or scan the QR code