

# Northern Territory - Commonwealth Psychosocial Support 2023/24 - 2026/27 Activity Summary View



## PSD - 6 - CPS6.2: Commonwealth Psychosocial Support Measure - Program Delivery (service delivery)



### Activity Metadata

#### Applicable Schedule \*

Commonwealth Psychosocial Support

#### Activity Prefix \*

PSD

#### Activity Number \*

6

#### Activity Title \*

CPS6.2: Commonwealth Psychosocial Support Measure - Program Delivery (service delivery)

#### Existing, Modified or New Activity \*

Modified



### Activity Priorities and Description

#### Program Key Priority Area \*

Mental Health Priority Area 7: Stepped care approach

#### Other Program Key Priority Area Description

#### Aim of Activity \*

The aim of this activity is to ensure psychosocial services are available for those requiring support and who are unable to obtain it through NDIS.

This activity combines several activities within NT PHN's previous Activity Work Plans under the National Psychosocial Support Measure to reflect new funding arrangements from 1 July 2021, in line with the Commonwealth Psychosocial Support – Commonwealth Guidance.

#### Description of Activity \*

Note - NT PHN will be delivering one activity for this Funding Agreement; due to limitations of PPERS and for future financial reporting, this has been duplicated across all funding streams.

This activity will continue to provide support to clients who have been found to be ineligible for the NDIS. The activity will also support up to thirty percent of total clients, who have not yet tested their eligibility for NDIS support, to test NDIS access or to transition to appropriate psychosocial services.

Psychosocial services are delivered in regional and remote communities of the NT. They are delivered in groups and individual sessions depending on individual and community needs. This may include outreach, men's and women's groups and one on one services in community. All services are currently run face to face in different types of venues such as recreation halls, outdoors in culturally safe areas and at health clinics. Due to the complexities of remote access, and the transient population often found in the NT's remote and regional areas no limit to a client's duration of support has been created.

The programs and client outcomes are measured/evaluated through several different tools such as the YES Survey data for client experience. Strength assessments used include the Outcome Star, Stay Strong Recovery Plan, AIMHi Stay Strong App. These tools are culturally appropriate for the client cohort in regional and remote communities.

Provision or facilitation of training and/or resource development in processes, reporting or supports relating to psychosocial support services may also be commissioned under this activity, including clinical supports for providers.

On 11 September 2023, the Department of Health & Aged Care issued a variation to the funding schedule: Primary Health Networks – Commonwealth Psychosocial Support (CPS), confirming funding for the CPS program until 30 June 2025. NT PHN has allocated funding to all existing providers with the unallocated funding utilised to expand CPS to regions where CPS is not currently delivered. New regions have been identified in consultation with existing providers.

Workforce access, capacity and capability are critical areas of need to support the delivery of commissioned programs by NT PHN. Where required this activity could include workforce development initiatives to improve access, quality and sustainability of services to the communities in the Northern Territory.

## Needs Assessment Priorities \*

### Needs Assessment

NT PHN Needs Assessment 2021/22-2023/24\_November 2021

#### Priorities

Priority	Page reference
ATSI Health - Culturally safe and trauma informed services	31
MH - Coordinated regional planning, identify opportunities for co-commissioning and service integration	34
ATSI Health - Service responsiveness to / appropriateness for Aboriginal people	29
MH - Address mental health and suicide prevention service gaps	35



## Activity Demographics

### Target Population Cohort

NT residents with severe mental illness, aged 16 years and over

### In Scope AOD Treatment Type \*

### Indigenous Specific \*

No

### Indigenous Specific Comments

### Coverage

#### Whole Region

Yes



## Activity Consultation and Collaboration

### Consultation

Each commissioned service has included consultation with community and people with lived experience in the development of the program. A tender briefing with existing and new providers occurred prior to submitting their expressions of interest for the grant funding. A needs assessment was completed by each provider to identify needs in communities that do not currently have psychosocial services.

### Collaboration

Ongoing collaboration with sector and community to inform quality improvement and adjustments to commissioned services at a service delivery level. Collaboration occurs with NT PHN, federally funded Transition Support Project (TSP) and commissioned service providers



## Activity Milestone Details/Duration

### Activity Start Date

30/06/2021

### Activity End Date

29/06/2025

### Service Delivery Start Date

## Service Delivery End Date

## Other Relevant Milestones

In January 2025 PSP funding was allocated through 4 different providers to reach the remote communities of Belyuen, Wagait beach, Dundee beach, Jabiru, Pupunya, Haast Bluff, Mount Leibig, Yundemu, Mataranka, Jilkminggan, Barunga, Wugularr (Beswick) and Pine Creek.



## Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: No

Direct Engagement: No

Open Tender: No

Expression Of Interest (EOI): No

Other Approach (please provide details): No

Is this activity being co-designed?

Yes

Is this activity the result of a previous co-design process?

No

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

Co-design or co-commissioning comments

Co-design has occurred at a provider level to ensure appropriate services are delivered. This has been effective in identifying and tailoring the program to different client cohorts. Those involved in co-design include: NT PHN, local providers, people with lived experience/carers, NT Health and representatives of the First Nation's community.



## CPS - 6 - CPS6.1: Commonwealth Psychosocial Support Measure - Program Delivery (CoS)



### Activity Metadata

**Applicable Schedule \***

Commonwealth Psychosocial Support

**Activity Prefix \***

CPS

**Activity Number \***

6

**Activity Title \***

CPS6.1: Commonwealth Psychosocial Support Measure - Program Delivery (CoS)

**Existing, Modified or New Activity \***

Modified



### Activity Priorities and Description

**Program Key Priority Area \***

Mental Health Priority Area 7: Stepped care approach

**Other Program Key Priority Area Description****Aim of Activity \***

The aim of this activity is to ensure psychosocial services are available for those requiring support and who are unable to obtain it through NDIS.

This activity combines several activities within NT PHN's previous Activity Work Plans under the National Psychosocial Support Measure to reflect new funding arrangements from 1 July 2021, in line with the Commonwealth Psychosocial Support – Commonwealth Guidance.

**Description of Activity \***

Note - NT PHN will be delivering one activity for this Funding Agreement; due to limitations of PPERS and for future financial reporting, this has been duplicated across all funding streams.

This activity will continue to provide support to clients who have been found to be ineligible for the NDIS. The activity will also support up to thirty percent of total clients, who have not yet tested their eligibility for NDIS support, to test NDIS access or to transition to appropriate psychosocial services.

Provision or facilitation of training and/or resource development in processes, reporting or supports relating to psychosocial support services may also be commissioned under this activity, including clinical supports for providers.

This activity will also assist people to navigate the health system, thereby improving service usage and supporting timely access to appropriate services that meet an individual’s psychosocial, clinical, and physical needs. The service navigator portion of this activity will be delivered across the NT through a provider located in the Top End region. The provider has relationships across the NT and will utilise this and their current services to increase access to psychosocial services across the NT.

On 11 September 2023, the Department of Health & Aged Care issued a variation to the funding schedule: Primary Health Networks – Commonwealth Psychosocial Support (CPS), confirming funding for the CPS program until 30 June 2025. NT PHN has allocated funding to all existing providers with the unallocated funding utilised to expand CPS to regions where CPS is not currently delivered. New regions have been identified in consultation with existing providers.

Workforce access, capacity and capability are critical areas of need to support the delivery of commissioned programs by NT PHN. Where required this activity could include workforce development initiatives to improve access, quality and sustainability of services to the communities in the Northern Territory.

## Needs Assessment Priorities \*

### Needs Assessment

NT PHN Needs Assessment 2021/22-2023/24\_ November 2021

#### Priorities

Priority	Page reference
ATSI Health - Culturally safe and trauma informed services	31
MH - Coordinated regional planning, identify opportunities for co-commissioning and service integration	34
ATSI Health - Service responsiveness to / appropriateness for Aboriginal people	29
MH - Address mental health and suicide prevention service gaps	35



## Activity Demographics

### Target Population Cohort

NT residents with severe mental illness, aged 16 years and over

### In Scope AOD Treatment Type \*

### Indigenous Specific \*

No

### Indigenous Specific Comments

### Coverage

#### Whole Region

Yes



## Activity Consultation and Collaboration

### Consultation

Each commissioned service has included consultation with community and people with lived experience in the development of the program. A tender briefing with existing and new providers occurred prior to submitting their expressions of interest for the grant funding. A needs assessment was completed by each provider to identify needs in communities that do not current have psychosocial services.

### Collaboration

Ongoing collaboration with sector and community to inform quality improvement and adjustments to commissioned services at a service delivery level. Collaboration occurs with NT PHN, federally funded Transition Support Project (TSP) and commissioned service providers.

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## Activity Milestone Details/Duration

### Activity Start Date

30/06/2021

### Activity End Date

29/06/2025

### Service Delivery Start Date

### Service Delivery End Date

### Other Relevant Milestones

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## Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

**Not Yet Known:** No

**Continuing Service Provider / Contract Extension:** Yes

**Direct Engagement:** No

**Open Tender:** No

**Expression Of Interest (EOI):** No

**Other Approach (please provide details):** No

**Is this activity being co-designed?**

Yes

**Is this activity the result of a previous co-design process?**

No

**Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?**

No

**Has this activity previously been co-commissioned or joint-commissioned?**

No

**Decommissioning**

No

**Decommissioning details?**

**Co-design or co-commissioning comments**

Co-design has occurred at a provider level to ensure appropriate services are delivered. This has been effective in identifying and tailoring the program to different client cohorts. Those involved in co-design include: NT PHN, local providers, people with lived experience/carers, NT Health and representatives of the First Nation's community.





## PAE - 6 - CPS6.3: Commonwealth Psychosocial Support Measure - Program Delivery (access enablers)



### Activity Metadata

**Applicable Schedule \***

Commonwealth Psychosocial Support

**Activity Prefix \***

PAE

**Activity Number \***

6

**Activity Title \***

CPS6.3: Commonwealth Psychosocial Support Measure - Program Delivery (access enablers)

**Existing, Modified or New Activity \***

Modified



### Activity Priorities and Description

**Program Key Priority Area \***

Mental Health Priority Area 7: Stepped care approach

**Other Program Key Priority Area Description****Aim of Activity \***

The aim of this activity is to ensure psychosocial services can be accessed early by those requiring support and who are unable to obtain it through NDIS. Furthermore, it is to co-ordinate referral processes to support consumer access, work with service providers to integrate processes for information sharing with consumers and engage health professionals to provide information on other support services.

This activity combines several activities within NT PHN's previous Activity Work Plans under the National Psychosocial Support Measure to reflect new funding arrangements from 1 July 2021, in line with the Commonwealth Psychosocial Support – Commonwealth Guidance.

**Description of Activity \***

Note - NT PHN will be delivering one activity for this Funding Agreement; due to limitations of PPERS and for future financial reporting, this has been duplicated across all funding streams.

**Service Navigator**

The access enabler component of this activity will provide support to clients who require help with navigating to different psychosocial services. The Service Navigator role has been reestablished in January 2025 and will focus on facilitating streamlined access to a comprehensive range of health and support services for consumers with psychosocial and clinical needs. This involves

establishing efficient referral processes, standardising intake procedures, and ensuring thorough assessments are conducted to match individuals with appropriate services. Service Navigators collaborate closely with various stakeholders, including healthcare providers, community organisations, and government agencies, to integrate information sharing mechanisms, develop resource materials, and engage with health professionals to disseminate information about available services and supports. They also work in tandem with NDIS Local Area Coordinators to identify service gaps and ensure a joint understanding of referral pathways, supports, and emerging issues. This will be delivered across the NT through a provider located in the Top End region. The provider has relationships across the NT and will utilise this and their current services to increase access to psychosocial services across the NT.

#### NDIS Testing Support

A mix of clinical (allied health, aboriginal health practitioners) and non-clinical staff (lived experience workers) are undertaking these activities. Strength assessments used include the Outcome Star, Stay Strong Recovery Plan, AIMHi Stay Strong App. These tools are culturally appropriate for the client cohort in regional and remote communities. LSP-16 and WHODAS are being used for NDIS applications. The Recovery Assessment Scale – Domains and Stages (RAS-DS) is not currently being used by any provider as it has been deemed not culturally appropriate.

#### Regional Loading

On 11 September 2023, the Department of Health & Aged Care issued a variation to the funding schedule: Primary Health Networks – Commonwealth Psychosocial Support (CPS), confirming funding for the CPS program until 30 June 2025. NT PHN has allocated funding to new and existing providers with the unallocated funding utilised to expand CPS to regions where CPS is not currently delivered. New regions have been identified in consultation with these providers. A needs assessment was completed by providers applying for the unallocated funding and a budget was requested to understand the cost of delivering services in outer regional, remote and very remote areas in the NT that were currently not being serviced. Through the tender process, NT PHN members worked closely with providers to address these costs and therefore adequately fund these new services.

#### PHN Operational

The workforce undertaking activities to manage commissioned service providers and psychosocial contracts consists of a Regional Health Partnerships Lead (1FTE) who works in conjunction with the Regional Health Partnerships Manager.

Provision or facilitation of training and/or resource development in processes, reporting or supports relating to psychosocial support services may also be commissioned under this activity, including clinical supports for providers.

Workforce access, capacity and capability are critical areas of need to support the delivery of commissioned programs by NT PHN. Where required this activity could include workforce development initiatives to improve access, quality and sustainability of services to the communities in the Northern Territory.

### Needs Assessment Priorities \*

#### Needs Assessment

NT PHN Needs Assessment 2021/22-2023/24\_ November 2021

#### Priorities

Priority	Page reference
ATSI Health - Culturally safe and trauma informed services	31
MH - Coordinated regional planning, identify opportunities for co-commissioning and service integration	34
ATSI Health - Service responsiveness to / appropriateness for Aboriginal people	29
MH - Address mental health and suicide	35

prevention service gaps	
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## Activity Demographics

### Target Population Cohort

NT residents with severe mental illness, aged 16 years and over

### In Scope AOD Treatment Type \*

### Indigenous Specific \*

No

### Indigenous Specific Comments

### Coverage

#### Whole Region

Yes



## Activity Consultation and Collaboration

### Consultation

Each commissioned service has included consultation with community and people with lived experience in the development of the program. A tender briefing with existing and new providers occurred prior to submitting their expressions of interest for the grant funding. A needs assessment was completed by each provider to identify needs in communities that do not current have psychosocial services.

### Collaboration

Ongoing collaboration with sector and community to inform quality improvement and adjustments to commissioned services at a service delivery level. Collaboration occurs with NT PHN, federally funded Transition Support Project (TSP) and commissioned service providers.



## Activity Milestone Details/Duration

**Activity Start Date**

30/06/2021

**Activity End Date**

29/06/2025

**Service Delivery Start Date**

**Service Delivery End Date**

**Other Relevant Milestones**

In January 2025, the service navigator role was contracted to increase access to psychosocial services across the Northern Territory.



**Activity Commissioning**

**Please identify your intended procurement approach for commissioning services under this activity:**

- Not Yet Known:** No
- Continuing Service Provider / Contract Extension:** Yes
- Direct Engagement:** No
- Open Tender:** No
- Expression Of Interest (EOI):** No
- Other Approach (please provide details):** No

**Is this activity being co-designed?**

Yes

**Is this activity the result of a previous co-design process?**

Yes

**Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?**

No

**Has this activity previously been co-commissioned or joint-commissioned?**

No

**Decommissioning**

No

**Decommissioning details?**

**Co-design or co-commissioning comments**

Co-design has occurred at a provider level to ensure appropriate services are delivered. This has been effective in identifying and tailoring the program to different client cohorts. Those involved in co-design include NT PHN, local providers, people with lived experience/carers, NT Health and representatives of the First Nation’s community.

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# CPS-Op - 1 - Commonwealth Psychosocial Support Measure - Operational



## Activity Metadata

**Applicable Schedule \***

Commonwealth Psychosocial Support

**Activity Prefix \***

CPS-Op

**Activity Number \***

1

**Activity Title \***

Commonwealth Psychosocial Support Measure - Operational

**Existing, Modified or New Activity \***

Existing



## Activity Priorities and Description

**Program Key Priority Area \***

**Other Program Key Priority Area Description**

**Aim of Activity \***

**Description of Activity \***

**Needs Assessment Priorities \***

**Needs Assessment**

**Priorities**



## Activity Demographics

Target Population Cohort

In Scope AOD Treatment Type \*

Indigenous Specific \*

Indigenous Specific Comments

Coverage

Whole Region



## Activity Consultation and Collaboration

Consultation

Collaboration



## Activity Milestone Details/Duration

Activity Start Date

Activity End Date

Service Delivery Start Date

Service Delivery End Date

Other Relevant Milestones



## Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No  
Continuing Service Provider / Contract Extension: No  
Direct Engagement: No  
Open Tender: No  
Expression Of Interest (EOI): No  
Other Approach (please provide details): No

Is this activity being co-designed?

Is this activity the result of a previous co-design process?

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

Has this activity previously been co-commissioned or joint-commissioned?

Decommissioning

Decommissioning details?

Co-design or co-commissioning comments