



Focussed Psychological Strategies

– Level 2

Updated program - now includes narrative therapy

Mental Health Training for GPs

Focussed psychological strategies are specific mental healthcare management strategies derived from evidence based psychological therapies.

They are a way to integrate evidence-based therapy into general practice clinical workflows.

Facilitated by a GP (Dr Cathy Andronis) and a Clinical Psychologist (Dr Mai Chi), the workshops are primarily activity based and demonstrate techniques, videos, supervised practice of skills, a consumer and carer panel discussion and case-based discussions.

This training aligns with RACGP guidelines to ensure that GPs meet all the learning outcomes to achieve FPS Level Two accreditation. Content has been reviewed by people with lived mental health experience.



Completion of the training package will allow GPs to claim MBS item numbers 2721, 2723, 2725 and 2727 for provision of FPS

Dates: (Zoom workshops)

- **Session 1 – Wednesday 6 November 2024**
- **Session 2 – Wednesday 13 November 2024**
- **Session 3 – Wednesday 20 November 2024**
- **Session 4 – Wednesday 27 November 2024**

Time: 6.00 pm to 9.00 pm (AEDT)

The online learning component will be available upon completion of registration.

Please note you must complete the online modules and attend all four sessions to complete the training.



Duration:
20 hours



Style:

8 hours = online learning component
12 hours = eLearning Zoom workshops
(4 x 3-hour sessions facilitated by a GP and clinical psychologist)



Prerequisites:

Has current Medicare provider number and successfully completed Level 1 MHST

Cost: \$850 early bird

(until 30 September 2024) then \$970 standard registration. including GST

Eligible GPs can be reimbursed \$600 once they complete the requirements for FPS ST and register as GP providers of FPS with Services Australia (Medicare). This subsidy has been made available through the [General Practice Mental Health Standards Collaboration \(GPMHSC\)](#).

Larter.

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Larter has been delivering education and training to GPs since 2008.

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